

# We All Have Choices - We Pay For What We Take

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## Africa Unite - Smile Jamaica 2010 Youth Symposium

Bob Marley Museum - Friday February 5, 2010

### Opening Text: 2 Corinthians 9:6

But this I say, He which soweth sparingly shall **reap** also sparingly; and he which soweth bountifully shall **reap** also bountifully.

- Most daily life choice involve simple **YES or NO** – example
- The rewards that you get, good or bad earns significant interest over time - example

### **Lessons From Beijing (08) and Berlin (09)**

A powerful raw potential is ever present in the Jamaican youth; when not productively harnessed, it becomes destructive.

1. These **World Class Performers** are largely children of rural peasants and the urban poor – not from those with privilege and genetic connections.
2. They all **CHOSE** to believe that IT COULD BE DONE and that they COULD DO IT.
3. They **CHOSE** to TEK WEY DEM SELF and aligned themselves with persons who shared their vision OF WORLD CLASS PERFORMANCE
4. They **CHOSE** to acquired all the information that was needed to achieve success - no shortcuts, no *b/yes*
5. They **CHOSE** to make all the necessary sacrifices.

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6. They **CHOSE** to commit themselves 100% to achieving the outcome – body, mind and spirit

Those of us who, in our own lives, **CHOSE** to do what the athletes did, will increase our chances of getting our equivalent rewards

- Did I improve my **PR** in my work today?
- What do I need to do to beat the **National Record**?
- What do I need to do to beat the **World Record**? – To become a **World Class Performer**

**The power of choice must involve the possibility of error-- that is the essence of choosing.** - *Herbert Samuel, "Belief and Action," 1937*

### Closing Text:

Galatians 6:7 - Be not deceived; God is not mocked: for whatsoever a man soweth, that shall he also **reap**.